



# Summer Junior Development

## Tennis Camps 2023

Located at: SIERRA VIEW COUNTRY CLUB

105 Alta Vista Avenue, Roseville, CA 95678

**Steve Dunmore Head Tennis Pro**

*A positive experience thru adaptive performance training for all levels!*

<b>AGES:</b> 10-18	<b>LEVELS:</b> Beginner, Intermediate, & Advance	
<b>COST:</b> Advanced: Member: \$425 for 5 weeks Optional: \$95 per week	Non-Member: \$475 for 5 weeks Optional: \$ 105 per week	
<b>Beginner/Intermediate:</b> Member \$325 for 5 weeks Optional: \$85 per week	Non-Member: \$375 for 5 weeks Optional: \$95 per week	

### Camp Features:

- Inter-club Exchanges
- In-house Tournaments
- Focus on technique & mental skills
- Strategy & Tactics
- Certified Professional Instruction
- Footwork drills
- Live ball hitting
- Preparation for High School Tennis

*\* Great racquets are available for a value purchase in the Pro Shop!*

**Camp Dates: June 12<sup>th</sup> thru July 20<sup>th</sup> (July 3<sup>rd</sup> - July 6<sup>th</sup> off)**

### Junior Development Beginner Training Summer Camp:

- Time: Monday- Thursday **9:00 to 10:30**
- Developing basic skills, footwork, and racquet skills

### Junior Development Intermediate Training Summer Camp:

- Time: Monday- Thursday **10:30 to 12:00**
- Excellent preparation for high school tennis competition

### Junior Development Advanced/College Training Summer Camp:

- Time: Monday-Thursday **12:00 to 2:00**
- Improvement in performance through in-depth practice of strategy and technique

**Contact:** O: (916) 783 9887 or Email: SDunmore@sierraviewcc.com

Participant Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Contact Number: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Age: \_\_\_\_\_

Circle one

Member/Non-member

Payment: \_\_\_\_\_

**Zelle to 916-289-1828, Cash or Checks payable to: Steve Dunmore**